



Thank you

Dear Heidi,

Thank you so much for coming in to speak to the 3rd Apsley End Brownies last week.

The activities you ran were really brilliant and you gave such an insight to the girls in our unit about your life with cerebral palsy. The Brownies loved asking questions and they were so engaged in learning more about you, rather than simply understanding your disability.

They found it so interesting, impactful and eye-opening, so you did a wonderful job as disability champion challenging all of our perceptions.

I will continue to recommend that you speak to other units in the area, and indeed schools that I have links with so you can spread your message far and wide.

Thanks again - it was such a pleasure to meet you and learn from you.

Best wishes,

A handwritten signature in black ink that reads "H Parsons".

Helen Parsons  
3rd Apsley End Brownie Unit Leader